

## **Protocols to be followed due to COVID-19**

Following UK government, BTC, TAGB and the venue (St Peters) health and safety guidelines in respect to COVID-19, a risk assessment has been carried out, and the following protocols are in place for the Birmingham TAGB Taekwondo club while training at the temporary venue at St Peters. These protocols must be adhered to by all members of the club.

1. Do not attend the club if you are suffering from any symptoms of COVID-19, or if anyone in your family or household are suffering from any symptoms, as detailed by the government – reference website: <https://www.gov.uk/coronavirus>
2. If after attending the club you develop symptoms of COVID-19 in the week following, inform Mr. McGrath as soon as possible so that potential impacted parties can be informed in case quarantining has to be carried out.
3. Only students who are training will be allowed in the hall. Parents/Guardians will be able to drop children off at the entrance to the hall, but will not be allowed to come in. They can also pick them up after the lesson outside the entrance. Mr. McGrath will ensure the children will not leave the premises until their parent/guardian is there to pick them up.
4. When waiting outside or in the car park, please keep to the 2m social distancing guidelines.
5. On entering the hall, please use the hand sanitiser that will be available.
6. There will be a one way system in place to enter and exit the hall.
7. The one way system will also be used for use of the toilets.
8. After using the toilets, please clean with the disinfectant provided and ensure you clean your hands.
9. Please arrive already changed in your Dobok, the changing facilities will not be open.
10. No need to bring your sparring equipment as we will not be sparring or carrying out any training in close proximity to other people. Also try to avoid bringing any big bags, you will just need water.
11. Where possible please wear trainers or soft soled shoes, in order to minimise skin contact with the floor.
12. The maximum number of people allowed in the hall is 28, so let Mr McGrath know as soon as possible if you will be attending prior to that week's lesson to ensure your place. Mr McGrath will keep a register of those people who have attended. Please also ensure Mr. McGrath has your up to date contact details in case you need to be contacted.
13. When leaving the hall, please use the hand sanitiser that will be available.
14. Excessive shouting or exhaling should be minimised to avoid potential spread through droplets, so please try NOT to Kihap anymore.
15. Please cover mouth and nose if coughing or sneezing, and use hand sanitiser that will be provided to clean your hands.
16. When training, social distancing of 2m should be observed, although due to the nature of the training this distance will sometimes be impacted, but where possible this will be kept to a minimum.
17. Air ventilation will be maximised, so all windows and doors that can be opened to the outside will be.
18. The hall will be cleaned prior to our use, and also cleaned after our use.