



**BIRMINGHAM T.A.G.B.
TAEKWONDO CLUB**

Quiz 20th May 2020

Rules

- 20 questions.
- 1 tie breaker challenge.
- Send answers to Mr. McGrath via text, email, whatsapp.
- Winner will get £20 voucher to spend on Taekwondo equipment.
- One 2nd place will get £10 voucher to spend on Taekwondo equipment.
- Closing date is Monday 25th May.
- Winner and 2nd place announced in Zoom meeting on Wednesday 27th May.

Question 1

- If you add up all the movements in all 24 Taekwondo patterns, what is the total number?

Question 2

- What is straight fingertip thrust called in Korean?

Question 3

- If I am doing a hooking block (golcha makgi) in a colour belt pattern, what pattern am I doing?

Question 4

- When was the TAGB founded?

Question 5

- What is elbow strike in Korean?

Question 6



What part of the foot is this called, in Korean?

Question 7

- What does Mikulgi mean?

Question 8

- The founder of Taekwondo was General Choi Hong Hi. He also studied Karate. What grade did he achieve in Karate?

Question 9

- The Hwa Rang youth group from the Silla dynasty, what other names are they also known as (just name one, note there are several)?

Question 10

- I have just broken some wood using bandae dollyo chagi. What is that in English?

Question 11

- 5 Tenets of Taekwondo. Below is Korean names, match up the English versions:
 - Ye Ui
 - Guk Gi
 - Baekjul Boolgool
 - In Nae
 - Yom Chi

Question 12

- What is rear foot stance called?

Question 13

- What are Sang Basin?

Question 14

What part of the arm are we using, in Korean, to block with in rising block (Chookyo Makgi) ?



Question 15

- How many kicks in total are there in all 10 of the 3 step sparring movements?

Question 16

- If someone is about to kick me in the groin, which would be the most effective block:
 - a) Najunde kyocha joomuk noollo makgi
 - b) Kaunde bakat palmok anaero makgi
 - c) Nopunde sonbadak ollyo makgi

Question 17

- What part of the foot are we striking with when using Naeryo Chagi (Axe Kick)?



Question 18

- Number of movements in Yul-Gok + number of movements in Dan-Gun – how many kup grades in Taekwondo, and then multiplied by the maximum Dan grade in Taekwondo?

Question 19

- I'm currently in Nachua sogi – what colour belt pattern am I practicing?

Question 20

- Who is the current Taekwondo International Ladies European Champion at Foot destruction?

Tie-breaker

- A photograph of you doing a kick. Can be any kick, but must show good technique and foot position!

